



CITY HILLS.CHURCH

Resource List

OVERNIGHT SHELTER

Knox Area Rescue Ministries - Men, women, and families (865)673-6540
Crossroads Welcome Center / Stranded Travelers (865)633-7654

Helen Ross McNabb - Kent C. Withers Family Crisis Center:

Domestic Violence (865)637-8000
Salvation Army - Working men or women (865)525-9401
Samaritan Place - Seniors (865)545-7530
Helen Ross McNabb - Safe Place - Children (865)523-2689
Family Promises - Families (865)584-2822
Youth LINC (Children) - 114 Dameron Ave. (865)544-5066

DAY SHELTER

Crossroads Welcome Center - 418 North Broadway (865)633-7654
Mon-Friday: 8:00AM - 11:30AM, 1:00PM - 4:30PM

Safe Place - 114 Dameron Ave. (865)523-2689

MEDICAL RESOURCES

Interfaith Health Clinic - (865)546-7330
Cherokee Health Broadway - (865)546-5579
Helen Ross McNabb Sexual Assault/Rape - Assault Crisis Center (865)522-7273
(24 Hours Crisis Line)

MENTAL HEALTH

Mental Health Association of East Tennessee - (865)584-9125
Helen Ross McNabb Center - (865)539-2409
(18 and older) Adults-Behavioral Health Crisis

Helen Ross McNabb Center - (865)541-6958
-Crisis Stabilization Unit Adults-Behavioral Crisis
Suicide Prevention Lifeline - (800)273-8255

FAMILY VIOLENCE

Family Justice Center - (865)521-6336
HRM Kent C. Withers Family Crisis - Domestic Violence (865)637-8000

FOOD

Knox Area Rescue Ministries - 418 N. Broadway (865)673-6540
Daily breakfast 6:30 am (Monday/Saturday)
Daily lunch 12:30 pm
Daily dinner 4:30 pm
Salvation Army - 409 N. Broadway (865)525-9401
Daily lunch Noon
Dinner 5:00 pm (overnight guest only)
Volunteer Ministry Center - 511 N. Broadway (865)524-3926
(Daily meals are for members only)
Daily breakfast 7:00 am
Daily lunch Noon
Daily dinner 5:00 pm
Church Street UMC - 900 Hensley St. (865)524-3048
Thursday lunch 11:00 am - 12:00 pm
Lost Sheep Ministries - I-40 McGhee St. Interstate Bridge (865)688-9639
Wednesday dinner 7:00 pm - 8:30 pm
The Love Kitchen - 2245 Martin Luther King Blvd (865)546-3248
Wednesday - Call from 12:00 pm to 1:00 pm for food.
Wednesday & Thursday - Hot lunch served at 2:00 pm
The Food Pantry at City Hills Church - 1501 Kirby Rd (865)291-2393

OTHERS:

Diaper Giveaway - City Hills Church - 1501 Kirby Rd (865)291-2393
Haircuts 4 Kids - City Hills Church - 1501 Kirby Rd (865)291-2393